

Library Books & Resources Available through
Mourning Hope's Lending Library:

Section: Adult Books
Topic: Helping Children

Title	Author (Last Name)	Description
A Child's View of Grief	Wolfelt	An informative, easy-to-read book that explains how children and adolescents grieve after someone dies. Answers many questions parents and caregivers may have. Includes children teach adults about grief, the role of caring adults, guidelines for involving children in funerals, adolescent mourning, and final thoughts.
Assertive Discipline for Parents	Canter	You <i>Can</i> Get Your Children To Behave. Raising happy, well-behaved children seems to be harder than ever. This parenting book addresses the needs of today's parents:. How to communicate -- to say what you mean and mean what you say. How and when to provide positive support when your children do behave. How to avoid being manipulated by your children's "I don't care" attitudes, threat and anger
Bereaved Children and Teens	Grollman	Bereaved Children and Teens is a comprehensive guide to helping children and adolescents cope with the emotional, religious, social, and physical consequences of a loved one's death. The result is an indispensable reference for parents, teachers, counselors, health-care professionals, and clergy.
Breaking the Silence	Goldman	Goldman skillfully provides the reader with information and activities to facilitate the healing of childhood loss and trauma. This book brims with practical ideas to be used in many settings.
Change Your Child's Behavior by	Chernofsky	A new approach for dealing with the most common--and seemingly

Changing Yours		<p>intractable--battles of will between parents and children. Authoritative and sound, but lighthearted and guilt-free, all of the authors' suggestions work toward building a child's self-esteem. Two simple but powerful ideas stand behind this book's advice for coping with children's behavior problems: you can change your child's behavior by changing the way you react to theirs; and you must accept that much of what unnerves parents is actually appropriate to the various stages of a child's development.</p>
Children and Grief	Worden	<p>Drawing upon extensive interviews and assessments of school-age children who have lost a parent to death, this book offers a richly textured portrait of the mourning process in children.</p>
Children Grieve, Too	Johnson	<p>Gives information to those who work with grieving children. Basic and reader friendly; talks about what you need to know and how children respond, from infants through teen to grief. Explains death and the funeral. References other resources.</p>
Children Mourning Mourning Children	Doka	<p>This book explores three basic themes in children's grief. Firstly, it maintains that children are always developing; therefore their understanding of death and their reactions to illness and loss are also multifaceted and constantly undergoing change. Secondly, children grieve in ways that are both different from and similar to adults. Thirdly, it holds that they need significant support as they grieve.</p>
Exploring Fear With Your Child	Dillon	<p>A book for parents and their children that helps to explain what fear is, how we experience it, how to relegate fear, and some obstacles to working with fear as well as how to overcome fear.</p>
Great Answers to Difficult Questions about Death	Goldman	<p>Death is never an easy subject for discussion, and adults often struggle to find the right words when talking about it with children. This book explores children's thoughts and feelings about death and provides parents and other caring adults with guidance on how to respond to difficult questions in a way that is sensitive yet honest.</p>
Grief Comes to Class	Gliko-Braden	<p>Teachers are often at a loss about how to help youngsters cope with grief. This is an excellent handbook explaining children's understanding of death and helping them deal with their feelings when grief comes to the classroom. It includes a bibliography and outlines a process for a conference for a grieving student. Since many children will experience the death of a loved one during childhood, this book belongs in every school.</p>

Guiding Your Child Through Grief	Emswiler	This unique parenting book, from the directors of the nation's largest support groups for grieving children and their families, offers positive and practical suggestions for helping children cope with their grief over time.
Helping Bereaved Children	Webb	This book brings to life a variety of counseling interventions to help children who have suffered a loss. Full-length clinical examples of treatment strategies at various developmental stages are given. Practitioners will find the reproducible assessment tools and references to current research invaluable.
Helping Children Cope With Grief	Wolfelt	Guidelines are presented in the book of how one can create a "helping healing relationship." Through reading and participating in the activities presented, the reader will become capable of establishing a very special kind of goal-directed experience with the grieving child. Explained are the stages through which the grieving person must travel with help, characteristics of a caregiver are expounded, and techniques presented to create the best atmosphere for a grieving child to thrive with love and care.
Helping Children Grieve	Huntley	Tells how infants, preschoolers and school-age children understand death, common behaviors, task of grieving, when a child is dying, concerns of children and parents, and providing care. Also includes substantial advice for parents and caregivers to guide them in helping children who are dying.
Helping Children Grieve and Grow	O'Toole	Here is our book about children and grief that we are immensely proud of. It is easy to read, compassionate, and exceptionally useful. The information provided is broad in scope but so concise that complex issues can be grasped and understood with ease.
Helping the Grieving Student: A Guide for Teachers	The Dougy Center	This exceptional book explores the varied way children express grief in school settings. Special considerations for violent deaths are discussed.
How Do We Tell the Children?	Schaefer	The third edition to this classic guide has been updated to help children deal with traumatic events. It includes age specific information for variety of circumstances, a crisis checklist, and resource pages.
Lost and Found	Gellman	After her husband dies of a heart attack, Rocky leaves behind her career as a psychologist in the Berkshire Mountains and moves to Peak's Island, Maine, taking a job as an Animal Control Warden. Her first catch is a black Lab with an arrow lodged in his shoulder.

		She takes him in, searches for his owner and tries to solve the mystery behind the arrow's origin. Rocky makes a few friends and her mission takes a surprisingly dark turn after she learns of Cooper's original owners.
Memories Live Forever	Rugg	This simple expressive workbook helps children to remember and honor the memories they have about a death. It covers a wide range of topics in the grief process with appropriate exercises for children to work through to help with a wide range of feelings.
On Children and Death	Kubler-Ross	Based on a decade of working with dying children, this compassionate book offers the families of dead and dying children the help -- and hope -- they need to survive. In warm, simple language, Dr. Kübler-Ross speaks directly to the fears, doubts, anger, confusion, and anguish of parents confronting the terminal illness or sudden death of a child.
Parenting With Love and Logic	Cline	This well-known child psychiatrist has written a book to help parents raise kids who are self-confident, motivated, and ready for the world by teaching them responsibility and the logic of life by giving them the opportunity to solve their own problems from the earliest possible age.
Sarah's Journey	Wolfelt	Eight-year-old Sarah Johnson had always been her "daddy's little girl" until the tragic day her father was killed in a car accident. Describes Sarah's grief experience and offers compassionate, practical advice for adults on topics such as regressive behaviors, explosive emotions, children and funerals, the grieving child at school and more.
Sibling Grief	Scherago	This concise booklet is packed with experienced advice on how parents can help a child whose sibling has died. It addresses children's responses and fears at different ages, what is and is not helpful, school issues, and much more.
Talking About Death	Grollman	How do you explain the death of a loved one to a child? Earl Grollman's classic "Talking About Death," now updated for the 1990s, provides sensitive and helpful advice for families coping with loss.
Thank You for Coming to Say Goodbye	Roberts	A book about how to involve children in the funeral service and help them through their grief. "The funeral ceremony is a family and community life event. By involving children and permitting them to care, we just might be helping to improve the world in which they

		live.”
The Grieving Student in the Classroom	Ragouzeos	Guidelines and suggestions for school personnel and classroom teachers of grades K-12 when a child experiences grief.
The Scared Child	Brooks	This accessible guide begins by introducing the concept of trauma and its effects on people. Explores diverse causes of trauma and how to recognize psychological, emotional, and physical trauma in children of different ages. The second section consists of a four-step debriefing process parents can use to help children cope with a traumatic event.
Transitions Along the Way	Jonah	Have you ever wondered how to talk with children about someone they love having a life-threatening illness? Feelings which are often present? Facts related to the dying process? If so, this book is for you! It offers a safe environment to explore emotional issues related to death and the dying process. Provides information on the physical signs that may occur as people approach death, and encounter the dying process. It is a five star educational activity book promoting interactive learning.
When A Child You Love is Grieving	Smith	Widely recognized grief specialist, Harold Ivan Smith, gives practical steps you can talk to insure that a grieving child receives the necessary, healthy outlets needed during the loss of a loved one. If you are the parent, relative, or friend of a grieving child, you can learn to give that child the support he or she needs to survive.
When Children Grieve	James	First, the book is about grief in a broad sense. Its lessons apply not only to the child whose pet, aunt, or parent has died, but also to the child whose parents have divorced, who has suffered a debilitating injury, or who has experienced other forms of traumatic loss. Second, let's face it: every child will suffer a loss at some point, so it behooves parents to be prepared in advance.
When Grief Visits School	Dudley	Learn how to successfully respond to crisis situations without creating additional problems by establishing and training crisis response teams with this book. Examples of actual situations, from his work with more than 1,500 school districts, illustrate how to select the team, develop an effective crisis plan, deal with the media, organize effective meetings under pressure, help students and staff, and follow-up.

