

How Can I Support Mourning Hope?

Raise Awareness by...

- Sharing Mourning Hope's mission to provide bereavement services for grieving children, teens, young adults and their families
- Identifying Mourning Hope as a resource for others who would benefit
- Inviting Mourning Hope advocates to speak at group meetings, cultural centers or service clubs

Volunteer to...

- Assist with Mourning Hope's programs and special events
- Take the volunteer training course to be a grief group facilitator
- Provide administrative or office support
- Serve as a sewing assistant
- Assist with yard work and maintenance at the house
- Offer your artistic talents at *Art from Our Heart*
- Be a camp counselor or cabin buddy at *Camp Erin Lincoln*
- Help with weekly or seasonal cleaning at the house
- Bake cookies or other treats to provide at programs and events
- Help greet people and get them checked in
- Decorate the Grief Center for different seasons and holidays
- Recommend books, videos or other resource materials
- Assist with technology needs

Donate...

- Art supplies for various art programs and special events
- Grief books for Mourning Hope's lending library
- Supplies for the Center, such as cleaning supplies, paper plates, napkins, toilet paper and paper towels
- Fabric for quilt squares
- Gift cards to provide crafts and other supplies for the Center
- Scholarship dollars for grieving youth to attend Mourning Hope's programming
- Snacks for weekly group sessions
- Printing paper, paper clips, staples, stamps or other office supplies
- A grief kit book bag for the schools in our community
- Fabric and stuffing for the comfort pillows
- Items from the *Wish List* on the Mourning Hope website

Support Mourning Hope by...

- Becoming a *Legacy of Hope Society* member
- Donating a memorial contribution in honor of someone close to you
- Becoming a *100+ WonderWoman*
- Attending Mourning Hope's annual fundraiser – *Hope in the Morning*
- Donating to the United Way
- Donating to Mourning Hope on *Give to Lincoln Day*
- Dedicating a percentage of your paycheck to Mourning Hope
- Investigating if your company matches donations from their employees
- Organizing or participating in a golf outing to help fundraise
- Having a garage sale to raise money for Mourning Hope
- Holding a bake sale as a fundraiser
- Asking friends and family to donate to Mourning Hope in lieu of your birthday gift

